

2010 SFL Cheerleading Program Calendar of Events

Attention- Parents and Coaches!

Please Mark Your Calendar-Important 2010 SFL Cheerleading Dates

<u>Date</u>	<u>Event</u>
April 21st-July 15th	Registration Forms to Schools, Dick's, and Rec Center
July 19th-21st	Cheer Camp
July 21st	Homecoming Parade
August 1st	Uniform Sizing/Distribution
August 2nd	Team Mom/Volunteer Meeting
August 9th	Cheer Practice Begins
August 21st	Pictures at Strongsville Rec Center
September 11th	First Cheer Game
September 11th-November 6th	Games, games, and games!
November 13th	Banquet

Dear Cheer Parents,

Thank you for signing up your child to participate in the 2010 SFL Cheerleading Program! We are excited that you have chosen the SFL for your child and look forward to a great season this fall!

The philosophy of the Strongsville Cheerleading program is to:

- Build your skills and get prepared for the high school level
- Learn from Strongsville High School Mustang Cheerleaders
- Participate with girls your age and make new friends
- Show your Mustang Spirit!

This year we are very excited to have one Strongsville High School Mustang Cheerleading coach for each squad along with a Team Mom!

With the 2010 SFL Cheerleading Season beginning shortly in August, a key ingredient to developing our cheer squads is our Cheer Camp. This year we are very excited to have the Strongsville High School Mustang Cheerleaders lead the cheer camp! Please find below the necessary information you will need to have your child participate:

WHEN: July 19th-July 21st Ages 5-13

WHERE: Strongsville High School

TIME: 1-3pm

COST: \$50 per child, \$25 each additional sibling

WEAR: T-shirt, shorts, tennis shoes

BRING: Water bottle and Mustang Spirit!

*Each participant will receive a free T-shirt on the last day of camp to be worn in the Strongsville Homecoming Parade

Other important details:

Uniform Sizing/Distribution:

WHEN: August 1st

WHERE: Strongsville Library

TIME: 1-5pm

*Uniforms will be distributed on this date

Team Mom/Volunteer Meeting:

WHEN: August 2nd

WHERE: Strongsville Library

TIME: 6:30pm

*To ensure a successful cheer season, we need cheer parents to volunteer to help with the following:

- Flag, Pee-Wee, J.V., and Varsity- We need a leader for each of these divisions to coordinate information between the Cheer Commissioner and the Team Mom, Strongsville High School Cheerleading Coach, Cheerleaders
- Minimum of 4 volunteers to assist with the Cheer Camp
- Cheer Registration Help- every Saturday in June, 10-1pm @ Dick's, any returning parents interested in volunteering, please contact Aneta with availability
- Uniform Sizing- August 1st, 1-5pm

Cheer Practices:

WHEN: Mondays and Wednesdays, August 9th-September 10th

WHERE: TBA

TIME: TBA

*Once the Cheer Season starts on September 11th, each squad is required to practice at least 1 x week, plus games each Saturday. Also, after the cheer season starts, the practice day and time will be decided on by each squad's Team Mom and Strongsville High School Cheerleading Coach.

Once again, Welcome to the 2010 SFL Cheerleading Program! We are thankful for the opportunity to work with each Cheerleader! We hope you are as excited as we are to get the 2010 SFL Cheerleading Season started! MUSTANG PRIDE... ALL THE TIME!

Thank you!

Aneta Hammer and Carmen Strang