



Strongsville Football League

Serving Strongsville's Football and Cheerleading Youth
Ages 5 through 13



Dear Fellow Strongsville Parents,

Strongsville Football League, Inc. is a non-profit, Strongsville based, youth football and cheerleading program. SFL is the only football program in Strongsville that is community based where the volunteers are all Strongsville citizens and the money paid to the program through fees and sponsorship benefits only Strongsville's youth.

The SFL program is designed for all girls and boys from the ages of 5-13 divided into four age groups. Our goal is to see that each child has an opportunity to participate. Every football team, flag and tackle, has a cheerleading squad. The philosophy of the program is to teach life lessons to your children while learning the fundamentals of the game. Some of these lessons are as follows:

- Dealing with adversity and methods to overcome it.
- Setting realistic goals and achieving these goals.
- Playing the game for your teammates with selfless play.
- Every player and participant is important to the team no matter what the skill level.
- Teaching each player how to win and lose with the proper attitude.
- Sportsmanship, a positive attitude and team play before anything else.

The intent of this program is to be a direct feeder program for the junior high and high school programs. We receive outstanding support and direct involvement from the SHS varsity players and coaching staffs. We want the junior high staff to know your children before they enter 7th grade. We want our children to be a Mustang and to be proud of our football and cheerleading history. We want our young boys and girls to have a desire to play on Catan's field when they get to high school. And we want your child to develop the skills and character to succeed.

We also take extra care to ensure that the Coaches in this program are qualified and trained to teach and mentor your children. Coaches are required to attend Coach's Clinics, and submit themselves to a mandatory criminal background checks. At least one coach per team receives CPR training and certification.

To sign up visit our website at www.StrongsvilleFootballLeague.com. You can also sign up by mail or in person at Dick's Sporting Goods Westfield Mall location every Saturday in June from 10 - 1. Please make note of our annual SFL Skills Camp for ages 7-13 scheduled for July 13th and 14th.

Practices will begin August 5th, 2009 and Season Kick Off will occur on September 12th, 2009 for Tackle and Flag!

If you have questions please e-mail: sfffootball@sbcglobal.net or visit www.StrongsvilleFootballLeague.com for more details.

We look forward to working with you and your children and sharing in the Strongsville Mustang Pride!

Sincerely,

Strongsville Football League Executive Board

www.StrongsvilleFootballLeague.com